

## **Sample Menu 2**

### **Mexican Scampi**

-Broiled jumbo shrimp skewers marinated in a spicy jalapeno cilantro lime oil.

### **Santa Fe Style Brown Rice**

- Spicy brown rice mixed with corn, green chili, cilantro and onion.

### **Beef Madagascar**

-Lean strips of beef sautéed in a rich green peppercorn sauce

### **Persian Vegetables**

- Lightly spiced tomato sauce over green beans, carrots, garbanzo beans and onions.

### **Citrus-Grilled Pork Tenderloin**

-Grilled pork tenderloin topped with a sweet and minty orange soy sauce.

### **Sesame Asparagus**

-Oriental Asparagus with sesame oil, sesame seeds, and soy sauce.

### **Classic Chicken Divan**

-Poached chicken breasts and broccoli florets topped with a parmesan cream sauce tossed with farfalle pasta.

### **Lentil Loaf with Mushroom Gravy**

-Baked loaf made with spiced lentils, rice, onions, and bread crumbs topped with tomato slices and sesame seeds smothered with a mushroom and onion gravy.

### **Garlic Mashed Potatoes**

-Seasoned mashed potatoes with roasted garlic.